

IUF World Record List of those disciplines listed in the official World Records Guidelines (preliminary version)

Category	Name / Description	Date set	Location	Rider	Record data	Verified by / un-verified / Evidence
Field						
	Long jump male	2012	Denmark	Jonas Jørgensen	4.05m	Danish Championship
	Long jump female	May, 6. 2012	Germany	Lisa-Maria Hanny	2.90m	Süddeutsche Meisterschaft
	High jump male	May, 11. 2013	Sitzerland	Martin Sjöneby	1.32 m	Eurocycle 2013
	High jump female	2012	Brixen, Italy	Maria Wegscheider	0.90 m	Unicon 16
	Plattform Jump male					
	Plattform Jump female					
	IUF Slalom (Obstacle) male	2011	Germany	Simon Rodler	18:53 sec	OBM 2011
	IUF Slalom (Obstacle) female	May, 11. 2013	Switzerland	Mirjam Lips	19.27 sec	Eurocycle 2013
Track						
	100m female	2008	Denmark	Saori Yazawa	13.64 sec	Unicon 14
	100m male	2006	Switzerland	Seisuke Kobayashi	12.54 sec	Unicon 13
	400m female	2012	Brixen, Italy	Asahi Takada	57.625 sec	Unicon 16
	400m male	2012	Brixen, Italy	Seisuke Kobayashi	0:54.539 sec	Unicon 16
	800m female	2012	Brixen, Italy	Asahi Takada	2 min 4.408 sec	Unicon 16
	800m male	2012	Brixen, Italy	Seisuke Kobayashi	1 min 58.757 sec	Unicon 16
	50m one-foot female	2011	Germany	Alina Czimek	8.00 sec	BM Illertissen 2011
	50m one-foot male	2004	Tokyo	Seisuke Kobayashi	7.77 sec	Unicon 12
	30m wheel walk female	2004	Tokyo	Yukari Namekawa	7.34 sec	Unicon 12
	30m wheel walk male	2012	Brixen, Italy	Kaito Shoji	7.08 sec	Unicon 16

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Distance & Endurance	10Km male	2004	Tokyo	Hiroki Shigeno	28 min 22.52 sec	Unicon 12
	10Km female	2009 / 10	Wellington New Zealand	Natsume Yamamoto	29 min 22.00 sec	Unicon 15
	10K unlimited male	2008	Denmark	Chuck Edwall	20 min 01.40 sec	Unicon 14
	10K unlimited female	?	Denmark	Signe Jensen	22 min 28.00 sec	Danish Championships
	1 hour male	18 th August 2009	Dubbo NSW Australia	Ken Looi	29.993 Km	Witnessed by Guinness
	1 hour female	2008	Bergneustadt Germany	Nadine Wegner	23.659 Km	ODM 2008
	Marathon, 42.195K male	May 20 th 2010	Dusseldorf Germany	Jan Logemann	1 hour 25 min 15 sec	Dusseldorf Marathon 2010
	Marathon, 42.195K female	2013	Düsseldorf, Germany	Nadine Wegner	1 hour 41 min 38 sec	Dusseldorf Marathon 2013
	100K unlimited					
	100 miles unlimited	Aug 9 th 1987	Japan?	Takayuki Koike	6 hours 44 min 21.84 sec	-
	Longest distance in 24 h, male	29 th /30 th Sept 2007	Aberystwyth Wales UK	Sam Wakeling	453.8 Km (281.98 miles)	Witnessed by Guinness
	Longest distance in 24 h, female	2012	Pocking, Germany	Ana Schrödinger	247,248 km	verified by the IUF
	Other	Rope Skipping (1 min), male	19 th Aug 2011	Beijing China	Qiu Hongying	220
Rope Skipping (1 min), female			USA	Amy Shields	215	

	not verified by the IUF World Record Guidelines (done before they exist)
	verified by the IUF, following the IUF World Record Guidelines