

Category	Name / Description	Record claimed: (world, national, local)	Date set	Location	Holder age, gender, contact	Record data	Relevant Requirements	Verified by / un-verified / Evidence	Source (Ref. See below)	Comments
Field	Long jump male	World	2012	Denmark	Jonas Jørgensen, male	4.04m	-	Danish Championship	18	
	Long jump female	German	2011	Germany	Lisa-Maria Hanny	2.80m	-	DM 2011	18	
	High jump male	World	2011	Denmark	Martin Sjöneby	1.31 m	-	Danish Championship	18	
	High jump female	World	2012	Brixen, Italy	Maria Wegscheider	0.90 m	-	Unicon 16	18	
	Slow forward, male	World	2012	Brixen, Italy	Baptiste Albert	1 min 11.65 sec	-	Unicon 16	18	
	Slow forward, female	World	2003	?	Sonja Theiß	1 min 24.06 sec	-	Eurocycle 2003	18	
	Slow backward, male	German	2009	Radebeul, Germany	Sebastien Niedner	1 min 12.75 sec	-	ODM 09	18	
	Slow backward, female	German	2009	Lenting, Germany	Anna Walser	1 min 5.79 sec	-	Oberbayerische Meisterschaft	18	
	IUF Slalom (Obstacle) male	German	2011	Germany	Simon Rodler	18:53 sec		Oberbayrische Meisterschaft 2011	18	
IUF Slalom (Obstacle) female	World	2009/2010	New Zealand	Mirjam Lips	19.29 sec		Unicon 15		* NB – slalom could be used for many of the disciplines in this list to create new world records.	
Track	100m female	World	2008	Denmark	Saori Yazawa	13.64 sec		Unicon 14	18	
	100m male	?	1994	Japan	Yuichiro Kato	12.10 sec	Standing start?	-	9	Stated at source No. 18 to be held by Seisuke Kobayashi in 12.54 sec at Unicon 13 / Peter Rosendahl also credited with 12.11 sec at source No.20
	100m Flying start	?	?	?	Peter Rosendahl	11.43 sec	-	-	44	
	400m female	World	2012	Brixen, Italy	Asahi Takada	57.625 sec	-	Unicon 16	18	
	400m male	World	2012	Brixen, Italy	Seisuke Kobayashi	0:54.539 sec	-	Unicon 16	18	
	400m Relay	World	2008	Frederiksberg Denmark	Seto, Suzuki, Kobayashi, Okayama	52.55 sec	-	Unicon 14	18	'There and back' or oval track? With baton or tag?
	800m female	World	2012	Brixen, Italy	Asahi Takada	2 min 4.408 sec	-	Unicon 16	18	
	800m male	World	2012	Brixen, Italy	Seisuke Kobayashi	1 min 58.757 sec	-	Unicon 16	18	
	1500m female	World	1987	Tokyo	Tomomi Saisho	4 mins 36.3 sec	-	Unicon 3	12	Freemount start or held start?
	1500m male	World	1991	Hull, Canada	John Foss	4 mins 12.78 sec	-	Unicon 5	13	Freemount start or held start?
	Mile	?	Aug 29 th 2006	Fargo North Dakota	Zach Warren	3 min 26.22 sec	-	-	40	Reported in source No. 41 as 3 min 22 sec
	50m one-foot female	World	2011	?	Alina Czimek	8.00 sec	-	BM Illertissen 2011	18	
	50m one-foot male	World	2004	Tokyo	Seisuke Kobayashi	7.77 sec	-	Unicon 12	18	
	30m wheel walk female	World	2004	Tokyo	Yukari Namekawa	7.34 sec	-	Unicon 12	18	
	30m wheel walk male	World	2012	Brixen, Italy	Kaito Shoji	7.08 sec	-	Unicon 16	18	
Track Gliding Male (No feet on pedals, one foot touching the tyre as a brake)	World	2004	Tokyo	Daiki Izumeda	119,65 m	-	Unicon 12	18		
Track Gliding Female (No feet on pedals, one foot touching the tyre as a brake)	World	2011	Germany	Alina Czimek	111,35 m	-	DM 2011	18		

	Track Coasting male? (No feet touching the pedals or tyre)	World	2006	Langenthal Switzerland	Knut Steffens	165,81 m	-	Unicon 13	18	
	Track Coasting female? (No feet touching the pedals or tyre)	World	2011	Germany	Leonie Czimek	150 m	-	DM 2011	18	
Distance & Endurance	10Km male	World	2004	Tokyo	Hiroki Shigeno	28 min 22.52 sec	-	Unicon 12	18	
	10Km female	World	2009 / 10	Wellington New Zealand	Natsume Yamamoto	29 min 22.00 sec		Unicon 15	18	
	10K unlimited male	World	2008	Denmark	Chuck Edwall	20 min 01.40 sec		Unicon 14	18	
	10Km unlimited female	World	?	Denmark	Signe Jensen	22 min 28.00 sec		Danish Championships	18	
	1 hour male	World	18 th August 2009	Dubbo NSW Australia	Ken Looi	29.993 Km	-	Witnessed by Guinness	18 / 19 / 36	
	1 hour female	German	2008	Bergneustadt Germany	Nadine Wegner	23.659 Km	-	ODM 2008	18	
	1 hour giraffe	?	2004?		Stefan Gauler	16.048 Km	-	?	39	
	Marathon (26.22 miles / 42.20Km) male	German	May 20 th 2010	Dusseldorf Germany	Jan Logemann	1 hour 25 min 15 sec	-	Dusseldorf Marathon 2010	18	
	Marathon female	World	2008	Frederiksberg Denmark	Signe Jensen	1 hour 46 min 34 sec	-	Unicon 14	18	
	Longest backwards ride	World	24 th June 1999	Springfield Missouri	Steve Gordon	109.4 Km (68 miles)	-	Witnessed by Guinness	33	
	100 miles	Japan	Aug 9 th 1987	Japan?	Takayuki Koike	6 hours 44 min 21.84 sec	-	-	20	
	Longest continuous unicycle ride	World	29 th Sept 2007	Aberystwyth Wales	Sam Wakeling	169.90 km (105.57 miles)	Without feet touching the ground	Witnessed by Guinness	23	
	Longest distance in 24 hours, male	World	29 th / 30 th Sept 2007	Aberystwyth Wales UK	Sam Wakeling	453.8 Km (281.98 miles)	-	Witnessed by Guinness	18 / 37	
	Longest distance in 24 hours, female	World	2012	Pocking, Germany	Ana Schrödinger	247,248 km				
	Lands End to John O'Groats	UK	12 th – 19 th Sept 2009	UK	Roger Davies & Sam Wakeling	6 days 8 hr 43 min	-	Witnessed by Guinness	35	
Longest journey	World	April 22 nd – 12 th November 2002	Double crossing of USA	Lars Clausen	14,686.82 km (9,125.97 miles)	-	Witnessed by Guinness	31	Stated in www.unicyclist.com to be 9136 miles in 205 days.	
Other	Solving a Rubik's cube while unicycling	North American	March 21 st 2009	Happy Valley Oregon	Caleb Stultz, teenage male.	1 min 9.44 sec	Standard Rubik's cube	Witnessed by Mitchell Matteson and on video	1	
	Consecutive catching of an American football while unicycling	North American	Aug 10 th 2009	St Charles Illinois	Shannon Anderson, teenage female	70 catches	One thrower, ball returned each throw, no breaks in riding	On video	2	
	Tallest unicycle skip	World	Aug 17 th 2003	Venice Beach California	Chaz Marquette	2.79 m (9ft 2 in)	-	Witnessed by Guinness	22	
	Skips in 1 minute	World	19 th Aug 2011	Beijing China	Qiu Hongying	220	-	Witnessed by Guinness	27	Rider or helpers holding rope? Source 20 suggests Amy Shields may have achieved 215 for the female record
	Jumping a skipping rope on a unicycle ("double dutch")	North American	Dec 9 th 2011	Brooklyn New York	Kim Anthony Jones, male	164 skips	Remain balanced on unicycle	On video on Record Setter programme	3	

Tallest unicycle	North American	Jan 29 th 2004	Pontiac Michigan	Sem Abrahams, male	35m	Must be ridden, suggested for a comparable 8.5m	On video at public performance	5	
Smallest unicycle	World	3 rd Dec 2011	Beijing China	Peter Rosendahl	0.3m (wheel dia 13.8mm)	Must be ridden	Witnessed by Guinness	4	
Riding along the tops of beer bottles	World	December 2011	Peking, China	Lutz Eicholtz, male, 25	10 m	-	Witnessed by Guinness	6	
Rail grind	World	17 th Sept 2011	La Crescent Minnesota	Brent Barghahn	34' 3"	-	On video	7	Claimed by Guinness to be 2.76m by Alex Toms in 2005. See source No. 30
Spins in 1 minute	World	12 th March 2010	Tokyo Japan	Machiko Ashida	127	-	-	26	
Stairs climbed - total	World	20 th Nov 2006	Eiffel Tower Paris	Benjamin Guiraud	670	Continuously without touching the ground	Witnessed by Guinness	25	Completed in 22 min 32 sec
Stairs Climbed in 30 seconds	World	1 st Nov 2007	Beijing China	Peter Rosendahl	56	-	Witnessed by Guinness	24	Jumped up or ridden? Minimum stair rise?
Unicycle chain (linked arms)	World	19 th June 2004	Hamm Germany	-	251 people	-	Hammer Bicycle Action Day	32	
Mass riding participants	World	12 th June 2005	Regensburg Germany	-	1142 people	-	Witnessed by Guinness	28	
Trampoline backflips	World	16 th May 2003	Vancouver Canada	Cameron Fraser	2	-	Witnessed by Guinness	29	Using a 3ft (0.91m) unicycle Said in same source to have been increased to 10 later.
Platform drop-off	World	4 th June 2005	Sydney Australia	Alex Toms	2.5 m (8 ft 2.4 in)	Landed and ridden away	Witnessed by Guinness	34	
Tiny unicycle distance (15mm wheel diameter)	World	1 st Nov 2007	Beijing China	Peter Rosendahl	5.79 m (19 ft)	-	Witnessed by Guinness	38	
Mile while 3 item juggling	?	Aug 29 th 2006	Fargo, North Dakota	Zach Warren	3 min 50.63 sec	-	-	40	
Marathon while 3 item juggling	?	Nov 20 th 2005	Phila-delphia	Zach Warren	3 hours 7 min 5 sec	-	-	43	
Steepest unicycle climb	?	?	?	Terry "UniGeezer" Peterson	?	-	-	-	Anecdotal, no details available
Highest number of continuous hops on the spot - total	Danish	2006	?	Nanna Neilsen	91	-	Danish Championships	50	
Longest time hoola-hooping while on a unicycle	World?	2011 Nov 11 th	New York	Kyle Petersen	1 min 32.75 sec	-	See video evidence	46	
Most hoola-hoop rotations in 30 seconds while riding a unicycle	World?	2012 Jan 26 th	Manhattan	Kyle Petersen	46	-	See video evidence	47	
Longest time 3 knife juggling while jumping on unicycle	World?	2011 Nov 11 th	New York	Kyle Petersen	1 min 02.91 sec	-	See video evidence	45	
Fastest time to make a balloon animal while riding a unicycle	World?	April 7 th 2012	Melbourne, Australia	Jake Wilkinson	6.68 sec	-	See video evidence	48	

Most cuts of card deck one handed in one minute (Charlier) while unicycling		2012 Feb 18 th	Chicago	James Tazioli	40	-	See video evidence	49	
Stationary stand Female	Danish	2003		Ina Peirup	10.38 sec	-	Danish championships	50	
Stationary stand Male	Danish	2008		Morten Caldron	54 sec	-	Danish championships	50	
Longest time one-pedal unicycling	Danish	May 21 st 2004	?	Camilla Tielmann	29 min 45 sec	-	Danish championships	50	Assumed continuous unbroken.
Wheel walk on a Coker (or other 36" diameter?)	Danish	2006	?	Heidi Steinlein	17.6m	-	Danish Championships	50	From running mount
Ultimate Wheel	Danish	2006	Langenthal / Bern Switzerland	Galina Ryom-Rojbek	8.35 sec	-	Unicon 13	50	
30m distance by jumping Female	Danish	2004	Tokyo	Nanna Hansen	11.32 sec	-	Unicon 12	50	
30m distance by jumping Male	Danish	2004	Tokyo	Jesper Moller Andersen	10.84sec	-	Unicon 12	50	
Still Stand male	World	2004	Tokyo	Richam Almacera	15 mins +	-	Unicon 12	51	
Still Stand female	World	2012	Brixen, Italy	Ana Schrödinger	4:00:88 min	-	Unicon 16	18	

1. <http://recordsetter.com/world-record/solve-rubiks-cube-while-riding-unicycle/482>
2. <http://recordsetter.com/world-record/consecutive-football-receptions-unicycle/1785>
3. <http://recordsetter.com/world-record/single-jumps-unicycle-while-jumping-double-dutch/12334>
4. <http://www.guinnessworldrecords.com/longest-jump-on-a-unicycle/>
5. <http://semicycle.biz/record/>
6. http://www.worldrecordsacademy.org/stunts/riding_unicycle_on_beer_bottles_Lutz_Eichholz_sets_world_record_112506.html
7. <http://www.youtube.com/watch?v=5qZg7CB9Rrk>
8. <http://www.recordholders.org/en/news/news012.html>
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18. http://einradfahren.de/index.php?module=mod_content&action=article&title=Rekorde
19. <http://www.unicycle.org.nz/?tag=ken-looi>
20. <http://www.cyclingforums.com/t/184633/unicycle-world-records>
21. <http://www.jugglingworld.biz/index.php?/Juggling-Tricks/world-records-for-circus-skills-props.html>
22. <http://www.guinnessworldrecords.com/records-4000/tallest-unicycle-skipping/>
23. <http://www.guinnessworldrecords.com/records-2000/unicycle-longest-continuous-ride/>
24. <http://www.guinnessworldrecords.com/records-5000/most-stairs-climbed-on-a-unicycle-in-30-seconds/>
25. <http://www.guinnessworldrecords.com/records-4000/most-stairs-climbed-on-a-unicycle/>
26. <http://www.guinnessworldrecords.com/records-8000/most-spins-on-a-unicycle-in-one-minute/>
27. <http://www.guinnessworldrecords.com/records/most-skips-on-a-unicycle-in-one-minute>
28. <http://www.guinnessworldrecords.com/records-3000/most-people-on-unicycles/>

29. <http://www.guinnessworldrecords.com/records-4000/most-consecutive-unicycle-backflips-on-a-trampoline/>
30. <http://www.guinnessworldrecords.com/records-4000/longest-unicycle-rail-grind/>
31. <http://www.guinnessworldrecords.com/records-1/longest-unicycle-journey/>
32. <http://www.guinnessworldrecords.com/records-3000/longest-unicycle-chain/>
33. <http://www.guinnessworldrecords.com/records/longest-distance-cycling-backwards-on-a-unicycle>
34. <http://www.guinnessworldrecords.com/records-4000/highest-unicycle-platform-drop/>
35. [http://www.guinnessworldrecords.com/records/fastest-journey-from-land-s-end-to-john-o-groats-by-unicycle-\(male\)](http://www.guinnessworldrecords.com/records/fastest-journey-from-land-s-end-to-john-o-groats-by-unicycle-(male))
36. <http://www.guinnessworldrecords.com/records-2000/farthest-distance-travelled-on-a-unicycle-in-one-hour/>
37. <http://www.guinnessworldrecords.com/records-2000/farthest-distance-travelled-on-a-unicycle-in-24-hours/>
38. <http://www.guinnessworldrecords.com/records-5000/farthest-distance-on-a-unicycle-with-a-wheel-diameter-of-15-mm/>
39. <http://www.unicyclist.com/forums/showthread.php?t=38636>
40. <http://www.alphachimp.com/weblog/2006/9/14/zach-warren-breaks-unicycle-world-record.html>
41. <http://www.circusartsonline.com/en/unicycling/profile.htm>
42. <http://www.unicyclist.com/forums/showthread.php?t=85880>
43. <http://www.unicyclist.com/forums/showthread.php?t=44929>
44. <http://www.recordholdersrepublic.co.uk/recordholdersdetails.asp?id=397>
45. <http://recordsetter.com/world-record/juggling-three-knives-while-jumping-unicycle/15327>
46. <http://recordsetter.com/world-record/hula-hoop-while-unicycle/15370>
47. <http://recordsetter.com/world-record/hoola-hoop-rotations-unicycle-30-seconds/13250>
48. <http://recordsetter.com/world-record/make-balloon-animal-while-riding-unicycle/14717>
49. <http://recordsetter.com/world-record/one-handed-charlier-cuts-while-riding-unicycle-minute/13587>
50. <http://www.unicykel.com/>
51. <http://www.unicyclist.com/forums/showthread.php?t=77151>

Yet to be studied – Aussie records March 2012:

<http://www.unicycling.org.au/home/australian-records>
<http://www.unicycling.org.au/uninats/2012/records>

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